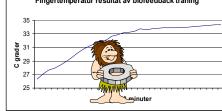
Invitation to Integrated Biofeedback Meeting, June ?? 2022 in Bergvik, Sweden IPBM - Integrated Psychophysiological behavioral Medicine

Fingertemperatur resultat av biofeedback träning







Swedish Center for Stress Medicine 2000–2022

## After many years work by a small group in Sweden, we will now invite interested (who knows as well as those who not know about this clinical and scientific field

You are invited by a project group representing here by

- ? ?
- . ?
- There is an increasing consensus for the efficacy of integrated, multidisciplinary biofeedback not only heart rate variability biofeedback, nut many strategies/parameters/methodologies for treatment of different stress and lifestyle related disorders. We are also working for being able to provide a special US-certification program will also be presented

Program - Language: Depend on participants nationality (although no Chinese)

June - day one 12.30 Registration 13.00-13.20 Welcome and opening remarks. Professor Bo von Scheele, organizer 13.20-15.00 Presentation of IPBM by ? 15.30-24.00 About how to proceed out of interests of priorities and possibilities

June - day two 08.30-11.30 Summary form yesterday and continuation ... 11.30-19.00 Hands-on followed by panel discussions

**Background to the meeting:** The technical development makes it possible now to analyse psychophysiological reasons for medical and psychological problems/diseases. We can also better follow the effects of rehabilitation in individuals (individualizing strategies). This means we can go from symptoms as basic base for diagnosis to analysis of psychophysiological reasons for symptoms/problems/diseases and better understand how health is developed and maintained, as well as how interventions can be conducted, in terms of prevention or treatment. At present we can do this most effectively in the domains of stress related and lifestyle related diseases/problems such as e.g. cardiovascular, including hypertension, and different kinds of psychological ones.

See more info at <u>Informations</u> | <u>Welcome to Integrerad Psykofysiologisk Beteende Medicin, IPBM</u> **More information** about the conference: <u>info@stressmedicin.se</u> **Conference Price:** Prize each day 50 EUR. Payment before June 1st = 30% reduced prize. Accommodation, travelling and food expenses are not included in the fee

Method of payment: by bank transfer with all bank charges pre-paid to: Bank details: BG - 774-7769 - Bank: Swedbank Account owner: SCS-Swedish Center for Stress Medicine, C D Ekmans väg 41, 820 23 Bergvik, Sweden. Corporate identity number (Swedish Organization number) 886501-3323

For hotels in Söderhamn see <u>http://www.hotels.com</u> or other similar websites

## Registration by mail to: info@stressmedicin.se

**Registration information should content:** Name, gender, address, e-mail address, phone as well as special interests within the fields of neurofeedback, biofeedback and in general in psychophysiology.

Your registration will be confirmed by mail and is then valid when you have paid/transferred the conference fee. No refunds unless a medical certificate is presented The organizers can modify and change the meeting/program according to circumstances not at present known but this will be directly notified at the web sites where this information is given.

## Organized in cooperation with:

Institute for Psychophysiological Behavioral Medicine, Sweden, Swedish Center for Stress Medicine, and Stress Medicine AB Sweden

Welcome Bo von Scheele, Swedish Center for Stress Medicine